

South Side YMCA Family Night!

Its Fun Night, Its Family Fitness!



Looking for families who want to play! You're never too old to play. Come out and enjoy a fun-filled evening with your family and friends at the South Side YMCA.

**“Healthy Eating is not a trend
it’s a life style”**

- Nutrition Awareness
- Healthy Snacks will be provided

**When: March 19, 2010
Time: 7pm – 9pm
Where: South Side YMCA**

**March is National
Nutrition Month**



South Side YMCA
6330 S Stony Island Ave
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