



South Side YMCA Large Pool Schedule

Winter January 3, 2010- February 20, 2010



Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
05:30-8:00AM	CLOSED	Adult 6 Lanes Lap 5:30- 10:00am	Adult 6 Lanes Lap 5:30-9:30am	Adult 6 Lanes Lap 5:30-9:00am	Adult 6 Lanes Lap 5:30-9:30am	Adult 6 Lanes Lap 5:30-9:00am	Adult 6 Lanes Lap 6:30- 8:00am
8:00- 9:00 AM				Adult Lap Swim \$Senior Swim Less. 9:00- 9:45 am		Adult Lap Swim \$Senior Swim Less. 9:00- 9:45 am	
09:00-10:00AM							
10:00-11:00AM		Adult Lap Swm \$ Ther. Aquacise 10:00am- 10:45am	Adult Open/ Lap 10:30- 11:00pm	Adult Lap Swm \$ Ther. Aquacise 10:00am- 10:45am	Adult Open/ Lap 10:30- 11:00pm	Adult Lap Swm \$ Ther. Aquacise 10:00am- 10:45am	\$ Adult Beg 8:00- 8:45am \$ Yikes II 8:00- 8:45am \$ Polliwog 8:00- 8:45am \$ Guppy 8:50- 9:35am \$ Polliwog 9:00- 9:45am \$ Polliwog II 10:00- 10:45am \$ Minnow 9:40 10:25am \$ Fish Swim Club 10:30- 11:30am \$ Shark Swim Club 11:30- 12:30pm
11:00-12:00PM	Lap Swim/ Open Swim 10:30- 4:15pm	Adult Open/ Lap 10:00- 2:00pm	Adult Lap Swim 11:00- 2:00pm Liquid Motion 11:00- 12:00pm	Adult Open/ Lap 10:00- 2:00pm	Adult Lap Swim 11:00- 2:00pm Liquid Motion 11:00- 12:00pm	Adult Open/ Lap 10:00- 2:00pm	
12:00-01:00PM							
01:00-02:00PM							
02:00-03:00PM							
03:00-04:00PM							
04:00-05:00PM			Open/ Lap Swim 2:00- 5:00pm After School 4:00- 4:45pm	Open/ Lap Swim 2:00- 3:45pm Beyond the Bell 4:00-4:45pm UCW 3:45- 5:45pm	Open/ Lap Swim 2:00- 5:00pm After School 4:00- 4:45pm	Open/ Lap Swim 2:00- 5:00pm Beyond the Bell 4:00-4:45pm	Open/ Lap Swim 2:00- 5:00pm
05:00-06:00PM	CLOSED	Open Swim 5:00- 6:00pm	Open Swim 5:00- 6:00pm Minnow Prac- 5:30- 6pm	Open Swim 5:00- 6:00pm Guppy Prac- 5:30- 6pm	Open Swim 5:00- 6:00 pm Polliwog Prac- 5:30- 6pm	Open Swim 5:00- 6:00pm Club Prac- 5:30- 6pm	CLOSED
06:00-07:00PM		\$ Polliwog (I & II) (I) 6:00- 6:45pm (II) 6:45- 7:30pm	\$ Eel 6:00- 6:40 pm \$ Guppy 6:45- 7:30pm	\$ Ray/ Fish 6:00- 6:40 pm \$ Minnow 6:45- 7:30pm	\$ Yikes II 6:45- 7:30pm	\$ Polliwog (I & II) (I) 6:00- 6:45pm (II) 6:45- 7:30pm	
07:00-08:00PM		Aqua Blast 7:00- 7:45pm \$ Adult- T.O.W. 7:35- 8:25pm	Aqua Blast 7:00- 7:45 pm \$ Adult Begin 7:00- 7:45pm 8:00- 8:45pm	Aqua Blast 7:00- 7:45pm Open/ Lap Swim 7:25- 8:00pm	Aqua Blast 7:00- 7:45pm \$ Adult Interm. 7:00- 7:45pm	Open Swim 7:30- 9:45pm	
08:00-09:45PM		Lap/Open Swim 8:45- 9:45pm	Lap/Open Swim 8:45- 9:45pm	Lap/Open Swim 8:00- 9:45pm	Lap/Open Swim 8:00- 9:45pm		

* Schedule subject to change at anytime. * At No time, can an instructor guard or parent be permitted to "catch" jumping children

* Children under the age of 9 must be accompanied in the water by an adult.

1/5/2010 2:24 PM



South Side YMCA Small Pool Schedule Winter January 3, 2010- February 20, 2010



Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
05:30-06:00AM	CLOSED						CLOSED
06:00-07:00AM							
07:00-08:00AM							
08:00-09:00AM							
09:00-10:00AM							
10:00- 11:00AM							
11:00-12:00PM	Shrimp/Kipper 11:00 11:35am	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	\$ Shrimp Kipper 8:00-8:35am \$ Ina/ Perch 8:40- 9:15am \$ Yike's 9:20- 9:55am \$ Pike 10:00- 10:35am \$ Pike II 10:40- 11:15am \$ Eel 11:20- 11:55am \$ Ray/Fish 12:00- 12:35am
12:00-01:00PM	Inia / Perch 11:40 12:15pm						CLOSED
01:00-02:00PM	Family Swim 1:00- 3:00pm						Pool It 1- 3pm May be held in large pool pending rentals
02:00-03:00PM							
03:00-04:00PM	CLOSED	Family Swim 3:00- 6:00pm	Family Swim 4:00-5:00pm	Family Swim 4:00-5:00pm	Family Swim 4:00-5:00pm	Family Splash Night 4:00- 6:00pm	CLOSED
04:00-05:00PM			Ray/ Fish Prac 5- 5:30pm	Eel Prac 5- 5:30pm	Pike Prac 5- 5:30pm		
05:00-06:00PM							
06:00-07:00PM		\$ Pike (I & II) (I) 6:00- 6:35 pm (II) 6:40- 7:15 pm	\$ Eel 6:00- 6:35 pm	\$ Rayfish 6:00- 6:35 pm	\$ Eel 6:00- 6:35 pm	\$ Pike (I & II) (I) 6:00- 6:35 pm (II) 6:40- 7:15 pm \$ Yikes 6:00- 6:35 pm 6:40- 7:15 pm	
07:00-08:00PM		Family Swim 7:25- 9:00pm	Aunt Martha's 6:40- 8:30pm Family Swim 6:40- 9:00pm	Family Swim 6:40- 9:00pm	Aunt Martha's 6:30- 8:30pm Family Swim 7:25- 9:00pm	Aunt Martha's 6:30- 8:30pm Family Swim 6:40- 9:00pm	
08:00-09:45PM		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

* Schedule subject to change at anytime. * At No time, can an instructor guard or parent be permitted to "catch" jumping children

* Children under the age of 9 must be accompanied in the water by an adult. 1/5/2010 2:24 PM