Gym Schedule Spring I

Schedule subject to change

Monday

		Court
5:30a-8:00a	Pickup Basketball	All
5:30a -9:45p	Pick up basketball	1st
8:00a-1:00p	Univ. Of Chicago	2nd & 3rd
1:00a-6:00p	Open Gym	2nd & 3rd
6:00p-8:30p	YBA Practice	2nd & 3rd

Tuesday

5:30a-8:00a	Pickup Basketball	All
5:30a -9:45p	Pick up basketball	1st
8:00a-1:00p	Univ. Of Chicago	2nd & 3rd
1:00a-9:45p	Open Gym	2nd & 3rd
6:00p -6:45p	Superheroes	2nd
6:45p-7:30p	Fitness class	3rd

Wednesday

5:30a-8:00a	Pickup Basketball	All
5:30a-9:45p	Pickup Basketball	1st
8:00a-1:00p	Univ. Of Chicago	2nd & 3rd
1:00a-5:00p	Open Gym	2nd & 3rd
5:00p-6:00p	Open Gym	1st
6:00p-8:30p	YBA Practice	1st & 2nd
6:30p-9:30p	Adult Open Volleyball	3rd

Thursday

5:30a-6:30a	Pickup Basketball	All
5:30a-9:30a	Pickup Basketball	1st
8:00a-1:00p	Univ. Of Chicago	2nd & 3rd
9:30a-10:30a	St Paul Lutheran	1st
10:30a-9:45p	Pickup Basketball	1st
1:00p-6:00p	Open Gym	2nd & 3rd
6:00p -6:45p	Superheroes	2nd
6:00p-9:45p	Open gym	1st
6:45p-7:30p	Fitness class	3rd
7:30p-8:15p	Fitness class	3rd

All courts will be closed from 9:30am-10:30am

Friday

5:30a-6:30a	Pickup Basketball	All
6:00p-8:30p	YBA Practice	2nd & 3rd
6:30a-6:00p	Open Gym	1st & 2nd
6:30p-9:45p	Pickup Basketball	1st

Saturday

All courts will be closed from 8:30am-4pm Due to YBA season.

Sunday

10:30a -4:15p	Pick up Basketball	1st
10:30a -4:15p	Open Gym	2nd & 3rd

Gym Rules

- **Members under the age of 9 must be accompanied by a parent or guardian or responsible family member 16 years or older.**
- **NO FOOD, DRINKS, OR GUM allowed in the Gym.**
- **Unsportsmanlike conduct will not be tolerated.**
- **Please wear only athletic shoes on the gym floor.**
- **YMCA basketballs must be checked out at the front desk with a valid membership card or ID.**
- **Profanity, Fighting, Excessive Yelling, and Unnecessary Aggressive Behavior will not be tolerated at anytime.**
- **Bags and extra clothing are not permitted in the gym. Please use the locker room to store your gear.**
- **Shirts and other athletic attire must be worn at all times. No hats of any kind allowed in the gym.**
- **No hanging on rims or nets.**